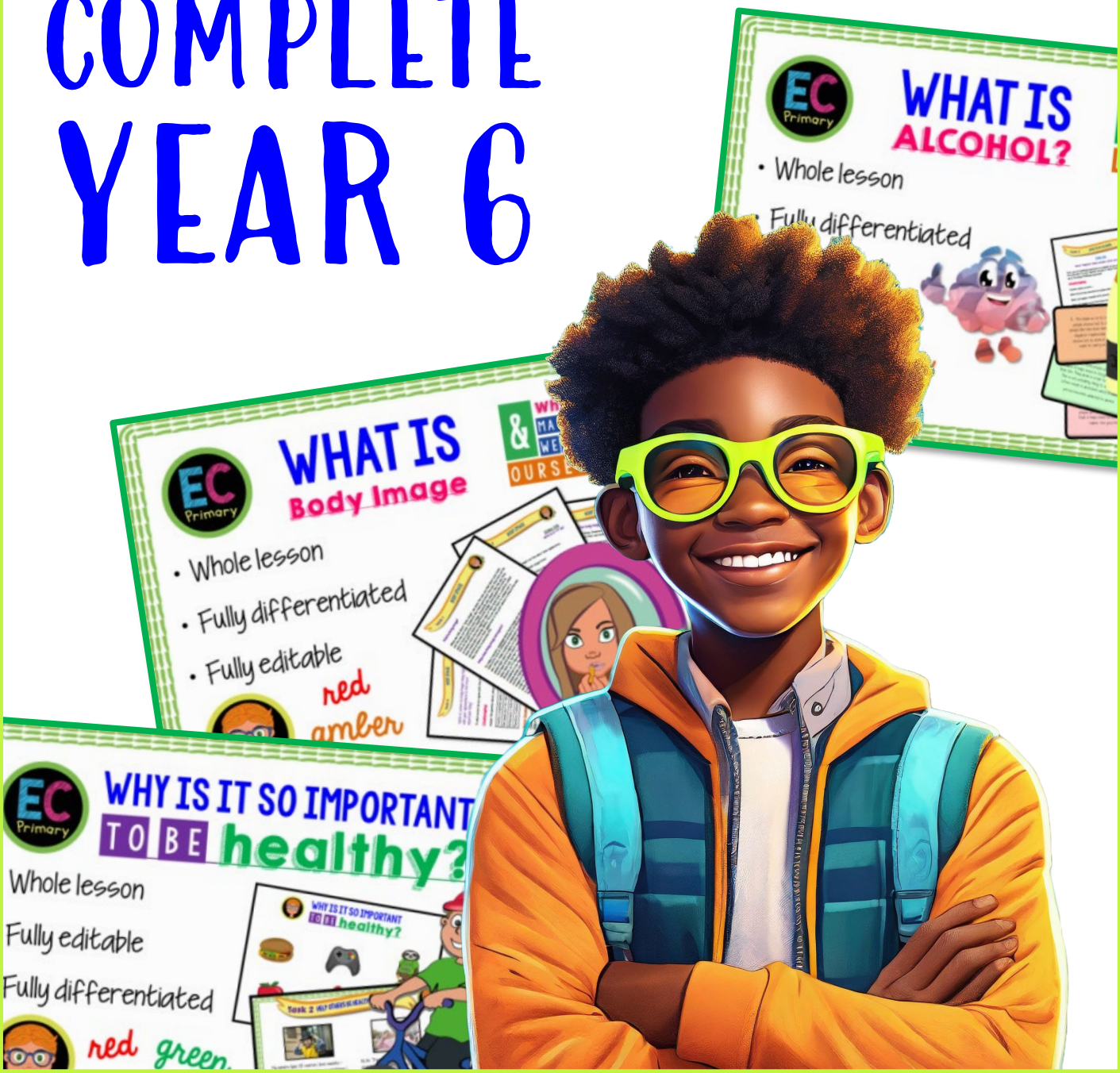
SCHEME OF WORK
OVERVIEW

Scaffolded & editable PSHE Association mapped SOW

RSE & PSHE
COMPLETE
YEAR 6



SCHEME OF WORK OVERVIEW

Complete Year 6 PSHE + RSE

Our Complete PSHE Package for Year 6 is designed to meet the DfE Statutory Guidance and aligns with the PSHE Association's recommended thematic model, covering Health and Wellbeing, Relationships Education, and Living in the Wider World.

This fully editable scheme follows an adaptive teaching approach, ensuring all learners are appropriately supported and challenged. Lessons are scaffolded, engaging, and creatively designed, making them not only accessible but also enjoyable to teach and learn.

Rooted in a spiral curriculum, the programme builds progressively on key knowledge, skills, and vocabulary year on year, ensuring deep understanding and long-term retention. Each lesson includes retrieval practice to activate prior learning, enabling students to make meaningful links and consolidate their understanding as they move forward.

British values are embedded throughout and are referenced explicitly in lesson content and planning wherever relevant. Teachers will also benefit from detailed knowledge organisers, pre- and post-unit assessments, and comprehensive schemes of work mapped to each half term, providing clear learning journeys and measurable outcomes.

To support curriculum leadership and accountability, the package includes a statutory content audit and coverage tracker mapped against both DfE expectations and PSHE Association guidance, making it easy to demonstrate compliance and comprehensive coverage.

Our resources are developed by experienced professionals who have created PSHE content for The Bank of England, The Children's Commissioner, the Criminal Cases Review Commission (UK Government), and numerous leading UK charities. When you choose this package, you can be confident you're investing in high-quality, evidence-informed PSHE provision that's ready to deliver in the classroom or easily adapted to suit your context.

SCHEME OF WORK OVERVIEW

Suggested Lesson Order – autumn

All of our schemes of work follow the PSHE Association's recommended thematic model for Health and Wellbeing, Relationships Education, and Living in the Wider World. Lessons are sequenced within a spiral curriculum, ensuring progression in key skills, vocabulary, and knowledge across each unit and year group. Each topic is part of a coherent sequence, with lessons beginning with retrieval activities to reinforce prior learning before introducing new content. While a suggested order is provided, all resources are fully editable, allowing schools to adapt the sequence or tailor materials to suit their context.

Autumn 1 – Health and Wellbeing 1

1) Medicine and Product Safety
2) Habits and Addiction
3) Caffeine and Energy Drinks **(Optional)**
4) What Is Alcohol?
5) Drugs (Introduction to Illegal Drugs)
6) Vaping Danger **(Optional)**

Optional assessment

Autumn 2 – Relationships Education 1

1) Disagreeing Respectfully
2) Positive Male Role Models and Harmful Stereotypes **(Optional)**
3) Cyberbullying and Harassment
4) Online Gaming Danger
5) Group Chats (Bullying)
6) Online Privacy and Data

Optional assessment

SCHEME OF WORK OVERVIEW

Suggested Lesson Order – Spring

All of our schemes of work follow the PSHE Association's recommended thematic model for Health and Wellbeing, Relationships Education, and Living in the Wider World. Lessons are sequenced within a spiral curriculum, ensuring progression in key skills, vocabulary, and knowledge across each unit and year group. Each topic is part of a coherent sequence, with lessons beginning with retrieval activities to reinforce prior learning before introducing new content. While a suggested order is provided, all resources are fully editable, allowing schools to adapt the sequence or tailor materials to suit their context.

Spring 1 – Living in the Wider World 1

1) Identity and Community
2) Diversity in the UK
3) Protected Characteristics (The Equality Act 2010)
4) What Is Money?
5) Attitudes About Money
6) Money and the Cost of Living **(Optional)**

Optional assessment

Spring 2 – Health and Wellbeing 2

1) Puberty and Our Genes
2) Boys' puberty
3) Girls' puberty (Puberty, Periods and the Human Life Cycle)
4) Human Reproduction (Sex-Ed Part 1 - Conception)
5) Hormones and Emotions
6) Mental Health Symptoms

Optional assessment

Teacher note: Please refer to your school's policy when considering whether parents may withdraw their children from Spring 2, Lesson 4. This lesson builds on Year 5 science and focuses on the cellular process that occurs when egg and sperm meet. It does not cover how egg and sperm meet (i.e. sexual intercourse), which is addressed later in the year in the context of loving, respectful relationships and how a couple may choose to have a child.

SCHEME OF WORK OVERVIEW

Suggested Lesson Order – summer

All of our schemes of work follow the PSHE Association's recommended thematic model for Health and Wellbeing, Relationships Education, and Living in the Wider World. Lessons are sequenced within a spiral curriculum, ensuring progression in key skills, vocabulary, and knowledge across each unit and year group. Each topic is part of a coherent sequence, with lessons beginning with retrieval activities to reinforce prior learning before introducing new content. While a suggested order is provided, all resources are fully editable, allowing schools to adapt the sequence or tailor materials to suit their context.

Summer 1 – Living in the Wider World 2

1) Grief, Change and Loss
2) Transition to Secondary School

Optional assessment

Summer 1 – Health and Wellbeing 3

1) Sun Safety
2) Personal Safety and Hazards
3) First Aid Part 4 (Common Injuries)
4) First Aid Part 5 (Life Support)

Optional assessment

Summer 2 – Relationships Education 2

1) Consent
2) Sexual Harassment **(Optional)**
3) Attraction and Crushes
4) Starting a Family (Sex-Ed Part 2 - Sexual Intercourse)
5) Family and Commitment
6) Caring for Babies

Optional assessment

Teacher note: Parents have the right to withdraw their child from Summer 2, Lesson 4. This lesson explores loving, respectful relationships, the importance of consent, and explains natural conception (sexual intercourse), with additional references to IVF and surrogacy.



Relationships



Wider World



Health & Wellbeing

Complete Primary PSHE Package

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